PSY Special Topics Listings

Timeline of Updated Information*

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*This document is updated as soon as the course information is confirmed with the Office of Register and the PBS Instructor. Check back here for updates!

WINTER 2016

PSY 160JS
Title: Mindfulness: Science & Practice
Description: Worldwide interest in mindfulness is growing exponentially. Every year, hundreds of scientific papers report evidence of its benefits. But what exactly is mindfulness? How does it work? Does it have any downsides? This course offers a systematic introduction to the science and practice of mindfulness, carefully reviewing the best research and considering how it applies to students’ personal and professional development.
Pre-requisites: Psychology & Biopsychology full majors only, including Interdisciplinary majors.
Instructor: Johnathan Schooler
Course Time: Monday/Wednesday 3:30-4:45
Location: LSB 1001

PSY 163SJ
Title: Diffuse Neurocellular System
Description: This Special Topics course focuses on the cellular and molecular neurobiology of brain systems that show little regional specificity. The topics include “diffuse” neurotransmitter systems, glial cells, neuroimmunology, and other related topics. The course does not cover cognitive processes, and a strong background in molecular neurobiology is assumed.
Pre-requisites: Biopsychology full majors only.
Instructor: Skirmantas Janusonis
Course Time: Monday/Wednesday 9:45-10:45
Location: LSB 1001

SPRING 2016

PSY 160AF (for Psychology BA students to earn credit)
PSY 163AF (for Biopsychology BS students to earn credit)
Title: History of Psychology Science
Description: How did Psychology become a science? In this course, we will cover how Psychological Science emerged from its roots in theological views of God and the Soul, and philosophical doctrines about the Mind and the Body. After 150 years of Darwin, 100 years of brain investigations, 50 years of digital computers, and 10 years of genomics, the field now grapples more fiercely than ever with problems such as the nature of consciousness, destiny, will, emotion, and
mental disorder. We will examine how Psychological Science evolved, and discuss where, as a research area and a profession, it is likely to go.

**Pre-requisites:** 160= Psychology full major only, including Interdisciplinary majors. 163= Biopsychology full majors only.

**Instructor:** Alan Fridlund

**Course Time:** Tuesday/Thursday 9:30- 10:45

**Location:** Music LLCH

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*At this time, no further information is known by Advisors regarding Special Topics courses. Space is limited, please enroll on GOLD or use the wait list to reserve your possibility to add. (Special Topics are typically not taught in Summer Sessions.)*

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**Fall 2016 Topics will be updated after teaching schedules are produced May 2016.**

Please do not email advisors, but check back here for updates!